



Millennium Running  
138 Bedford Center Rd.  
Bedford, NH 03110  
www.millenniumrunning.com

December 1, 2020

City of Clearwater / Special Events  
Lelia Peterson  
706 N. Missouri Ave.  
Clearwater, FL 33755

Dear Mrs. Peterson,

First of all, thank you for your personal commitment, communication, and professionalism to help my team at Millennium Running navigate the unique situations presented by COVID 19 and renovation of Coachman Park as it relates to our efforts to safely produce the Clearwater Running Festival safety in January of 2021. Below and in the subsequent pages of this document, you will find our safety initiatives and course/venue modifications proposal to safely produce the 2021 Clearwater Running Festival.

Secondly and with all our Millennium Running events, we pride ourselves on communicating well with all stakeholders. In the case of the upcoming Clearwater Running Festival, this includes your Special Events Office and the City of Clearwater, the Clearwater Police and Fire Departments, medical partners at Sunstar, State of Florida, Town of Belleair, Pinellas Sheriff's Department, our sponsors and vendors. Moreover, we appreciate your critical analysis of our event plans as SAFETY has been and always will be our #1 priority! In fact, it is critically important to our livelihood as a business and industry leader in our sport. In 2020, COVID-19 has changed the landscape of our industry, so below I have outlined many of the procedures we've established to ensure safety in accordance with the state and local guidance.

Lastly, as we've discussed, the construction/renovations to Coachman Park make it logistically difficult to produce the various distances/races (5k, 5M, half marathon, marathon, and ultra-marathon) of the Clearwater Running Festival in 2021. With your guidance, we've explored different start/finish venues and various course layouts. As such, we are proposing Pier 60 as our race headquarter with a similar course layout as previous years, simply with a different start / finish point along the loop. Pier 60 Parking Lot would be the start line for all the races while the finish would be just north within Pier 60 Park. We have a meeting scheduled for Dec 2<sup>nd</sup> at 2pm with the Clearwater Police Department to review the finer details of the runner cone lanes and course as this format will enhance runner safety and mitigate traffic more than any other year.

Please let me know if you have any further questions or concerns.

Respectfully,



-John Mortimer  
Clearwater Running Festival Race Director / Millennium Running, owner & founder

## COVID-19 Safety Procedures for the Clearwater Running Festival

**Social Distancing:** The key to our mitigation plans start with the idea that running / road races occurring outside can be safe as long as sufficient social distancing is a primary precaution. As such, Millennium re-invented the format of a road race to eliminate the mass start of thousands of runners jammed into the starting corral. Instead, we've developed a "**Time Trial Start**" format where each athlete starts individually every 10 seconds, seeded fastest to slowest. This video will help one visualize this format: <https://www.youtube.com/watch?v=1Pur925Equ8>.

In short, with a Time Trial Start, the entire event is spread out over a longer time frame from the arrival time to the Start, to running on course, to the Finish, and finally departure from the venue.

*"John and his team (Millennium Running) are designing something that quite frankly is perfectly designed and is a model. A model for all other States to get these races going and do it successfully."*

- New Hampshire Governor Chris Sununu  
 (while in attendance at the New England Half Marathon on Oct. 11, 2020)

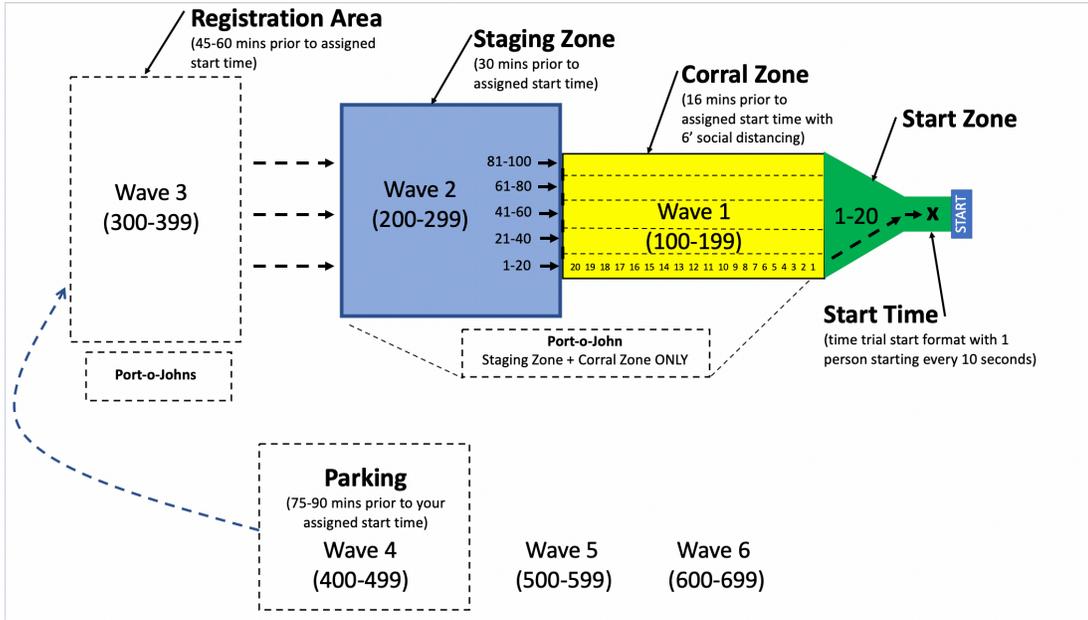


**Athlete Arrival Times:** With the Time Trial Start format, the participants will start over a combined 1-2 hour time window, depending on how many participants. This time window would cascade backwards for each person to have a specific arrival time to the venue in order to eliminate a critical mass gathering at one time. The arrival window for each person will 45 mins prior to one's start time in order to check-in at registration, stretch, warm-up, line up in their pre-assigned corral location, and ultimately start their race at their assigned time of day down to 10 second intervals.

**Face coverings / masks:** All participants are required to wear face clothes while at the event venues to include the registration area, start line area, and finish line area. Staff and volunteers are required to wear face coverings at all times. New Masks will be distributed at the finish line to each person.



**Start & Finish Venue Map:** This graphic below illustrates the various stages of the participant flow. We've divided the field size into cohorts of 99 participants where they are seeded fastest to slowest and assigned a starting time starting 2 people every 10 seconds apart over a much longer time span. The huge size of Pier 60 Park and Parking Lot, along with our infrastructure (barricades, signage, PA system) on-site will ensure we maintain 6' between each person during the entire participant flow. See the pictographic and maps below:



**Corral / Staging Area:** Each person is assigned a starting cone/location corresponding to their athlete number (bib number) that is spaced 6 feet apart within the barricade confined area.



**On Deck:** The next in line person waiting to start in the time-trial start format.



**Start:** LED Jumbotron screen shows participant names from pre-assigned start list as they start the event 2 people every 10 seconds.



**Course:** After a time trial start of participants seeded fastest to slowest with 2 people starting in a 10-second intervals, it allows for the participants to increase their social distance as they progress through the course; hence, mitigating athlete passing. Based on the math, the fastest athletes will have 176 feet between them while running 5-minutes/mile and the slowest participants will have 58 feet between them while walking/jogging 15-minutes/mile.



**Number of Participants and Timelines:** Based on venue size, we put a cap of 500 athletes for the 5k, 500 athletes for the 5 Miler, 75 athletes for the Ultra, 250 athletes for the Marathon, and 500 athletes for the half marathon in order to maximize social distancing at the venue over the entirety of the events on event weekend.

**Finish Area / Athlete Departure Times:** Since we have eliminated all post-race activities (awards ceremony, band and the beer garden,) and all food & beverage items are grab and go in a bag, we do not expect any participants needed. We will communicate departure protocols to each participant.

**Spectators:** Spectators are not permitted in the Start or Staging corrals will be discouraged from gathering at the Finish Line. Moreover, since participants will finish one-by-one over a 7 hour period, there will be no critical mass at the Finish Line area from spectators. Additionally, since the course is a point-to-point design over 26.2 miles, supporters be spread out along the route to support their family/friends. Lastly, our pre-race emails, website, and race day public address announcements and staff will communicate our policies.



**Contact Tracing:** Our technology and procedures allow Millennium the unique ability to provide enhanced, multi-faceted contact tracing if needed. Starting with registration, we obtain detailed personal information from each registrant to include name, home address, email, date of birth, gender home phone and cell phone. Effective contract tracing is then accomplished by our pre-assignments of Start Times. Each participant has a pre-assigned start time and we are able to determine if any other participants were in proximity to an infected participant in the starting line corral. Likewise, along the course, our RFID computer chip tracking records participants at numerous check points. Our technology allows us the unique ability to determine if any participants were in proximity and/or passed another on the course.

## Clearwater Running Festival – Course Maps & Descriptions

### 5K (3.1 miles)

**Description:** *Start in Pier 60 Parking Lot and proceed south on S. Gulfview Blvd in runner lane in southbound lane, closest to center yellow line. Proceed south and take a right on Gulf Blvd over Sand Key using the breakdown lane. Once over the bridge, take a U-turn (right) and return over Sand Key Bridge on the sidewalk. Return north on Gulfview Blvd in runner lane closest to sidewalk back to finish line in Pier 60 Park.*

**Interactive Link to the 5k:** <https://www.mapmyrun.com/routes/view/3725804071>

### 5-miler

**Description:** *Start in Pier 60 Parking Lot and proceed south on S. Gulfview Blvd in runner lane in southbound lane, closest to center yellow line. Proceed south and take a right on Gulf Blvd over Sand Key using the breakdown lane. Once over the bridge, take right into San Key Park and continue around park in a counter-clockwise direction. Approximately 2/3 the way around the park, make a U-turn and reverse direction on the other side of the road and continue back to the exit Sand Key Park. Take a left onto Gulf Blvd and follow the sidewalk back over Sand Key Bridge. Once over the bridge, return north on Gulfview Blvd in runner lane closest to sidewalk back to finish line in Pier 60 Park.*

**Interactive Link to the 5-miler:** <https://www.mapmyrun.com/routes/view/3725810677>

### Half Marathon (13.1 miles)

**Description:** *Start in Pier 60 Parking Lot go south on S Gulfview Blvd for 1 block and take a left on Second St. Continue east on Second St. and cross over Coronado Dr. and head north onto the sidewalk/bike path heading east over the Clearwater Memorial Bridge in the divided bike path. The course will then wind its way south towards Belleair by taking left on Bay Ave, and a right on Druid Rd. all the way to Bellevue Rd. It will then skirt the golf course via Indian Rocks Rd. and taking a right on Bayview Drive to the end. Take a left on Manatee Rd and the next right on Ponce de Leon Blvd. The course will wind through Belleair via Rosery Rd, Eagles Nest Dr., and S. Pine Cir. before taking Buff View Dr. south all the way to W. Bay Dr. and across the Belleair Bridge. Once over the inner coastal, the course will take a right on Gulf Blvd and head north towards the Sand Key Bridge using the northbound breakdown lane. Just prior to the Sand Key Bridge, the half marathoners will cross to the Gulf View Blvd to the southbound breakdown lane to cross over the Sand Key Bridge to then return north on Gulfview Blvd in runner lane closest to sidewalk back to finish line in Pier 60 Park.*

**Interactive Link to the Half Marathon:** <https://www.mapmyrun.com/routes/view/3725725507>



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### **Marathon (26.2 miles)**

**Description:** *The Marathon course follows the same course as the Half Marathon for the first 11.5 miles. Just prior to the Sand Key Bridge the marathoners and ultra 50k will remain on the northbound breakdown lane and proceed over the Sand Key Bridge via the divided sidewalk on the northbound side. Once over the Sand Key Bridge, take a right onto S. Gulfview Blvd, loop around on Bayway Blvd and back to S. Gulfview Blvd to then take a right onto S. Hamden Dr. Continue north on S. Hamden Dr., take a left on Devon Dr. and a quick right on Coronado Dr. The second half of the Marathon then repeats the same course and finishes in the same fashion as the Half Marathon.*

**Interactive Link to the marathon:** <https://www.mapmyrun.com/routes/view/3699377731>

### **Ultra 50k (31 miles)**

**Description:** *The Ultra 50k follows the identical course as the marathon until mile 17 where it proceeds to follow a 2.6 mile "out & back" on the Pinellas Trail to then join up with the existing marathon course at the same point.*

**Interactive Link to the 50k Ultra:** <https://www.mapmyrun.com/routes/view/3726071299>



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## Clearwater Running Festival – Timelines

### Participant Start / Finish Timelines:

<b>Saturday, Jan. 30, 2021</b>	First Starter	Start Duration	Last Starter		First Finisher	Last Finisher
5K	7:00 AM	0:42:00	7:42 AM		7:17 AM	8:52 AM
5M	8:30 AM	0:42:00	9:12 AM		9:03 AM	10:42 AM

<b>Sunday, Jan. 31, 2021</b>	First Starter	Start Duration	Last Starter		First Finisher	Last Finisher
MARATHON/ULTRA/HALF	7:00 AM	1:07:00	8:07 AM		9:40 AM	2:37 PM

### Event Set-Up/Breakdown Timelines:

#### Friday, Jan. 29, 2020

12:00pm-3:00pm Advanced setup of Pier 60 Parking Lot (4 parking spaces for start truss)  
 Advanced setup of Pier 60 Park for registration and finish chute.  
 3:00pm-6:00pm Early Bib Pick-Up at Pier 60 Park  
 \*overnight security

#### Saturday, Jan. 30, 2020

5:00am-7:00am Final setup of Pier 60 Parking Lot for Start  
 Final setup of Pier 60 Park for Finish and post race area.  
 6:00am-11:00am Bib Pick Up at Pier 60 Park  
**7:00am-9:00am 5K**  
**8:30am-11:00am 5 Miler**  
 11:00am Pier 60 Parking Lot Open to public for the day.  
 \*overnight security

#### Sunday, Jan. 31, 2020

5:00am-7:00am Final setup of Pier 60 Parking Lot for Start  
 Final setup of Pier 60 Park for Finish and post race area.  
 6:00am-7:00am Bib Pick Up at Pier 60 Park  
**7:00am-2:30pm Half Marathon, Marathon, Ultra 50k**  
 8:30am Pier 60 Parking Lot Open to public for the day.